

Year Group	<u>Advent</u>	<u>Lent</u>	<u>Pentecost</u>
4	<p><u>Module 1 Unit 1 -</u> S2 The Sacraments.</p> <p>THEME - RELIGIOUS UNDERSTANDING Topics covered:</p> <ul style="list-style-type: none"> • Baptism • Reconciliation <p><u>Module 1 Unit 3 -</u> S1 What I'm feeling, S2 What am I looking at? S3 I am thankful</p> <p>THEME - EMOTINAL WELLBEING Topics covered:</p> <ul style="list-style-type: none"> • Feelings and actions • Being emotionally healthy • Acceptable behaviours • Resilience 	<p><u>Module 1 Unit 2 -</u> S1 We don't have to be the same. S2 Respecting our bodies. S3 What is Puberty? S4 Changing bodies.</p> <p>THEME - ME, MY BODY,MY HEALTH Topics covered:</p> <ul style="list-style-type: none"> • Similarities and differences • Physical and emotional changes of puberty. <p><u>Module 1 Unit 4</u> S1 Life cycles, S2 A time for everything, S3 changes.</p> <p>THEME - LIFE CYCLE Topics covered:</p> <ul style="list-style-type: none"> • Miracle of conception • Grief • Big changes <p><u>Module 2 Unit 4</u> S3 (only) First Aid Heroes</p> <p>THEME- KEEPING SAFE</p>	<p><u>Module 2 Unit 3</u> S1 Sharing isn't always caring, S2 Cyber bullying</p> <p>THEME - LIFE ONLINE Topics covered:</p> <ul style="list-style-type: none"> • Sensible decisions about online content • What you should and shouldn't share • Cyber bullying <p><u>Module 3 Unit 2</u> How do I love others? Money Matters (S3)</p> <p>THEME: LIVING IN THE WIDER WORLD Topics covered:</p> <ul style="list-style-type: none"> • Catholic Social Teaching • Stewardship • Budgeting • Financial Risk

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