Year Group	<u>Advent</u>	<u>Lent</u>	<u>Pentecost</u>
5	Module 1 Unit 2 S1 Gifts and talents, S2/S3 Girls and Boys Bodies, S3 Spots and Sleep THEME - ME, MY BODY, MY HEALTH	Module 2 Unit 1 S1 God is calling you THEME - RELIGIOUS UNDERSTANDING • Hearing God's call in our lives	Module 2 Unit 3 S1 Sharing isn't always caring, S2 Cyber bullying THEME - LIFE ONLINE
	 Topics covered: Self confidence Physical changes Puberty 	Module 2 Unit 2 S1 Under pressure, S2 Do you want a piece of cake, S3 Self Talk. THEME - PERSONAL RELATIONSHIPS	 Sensible decisions about online content What you should and shouldn't share
	Module 1 Unit 4 S3 (only) Menstruation	Topics covered: • Pressures/Consent • Bullying • Prejudice • Discrimination • Gender stereotyping	 Cyber bullying Module 3 Unit 1 S1 Holy Trinity, S2 Catholic Social Teaching THEME - RELIGIOUS UNDERSTANDING Topics covered:
		Module 2 Unit 4 S1 Types of abuse, S2 Impacted Lifestyle, S3 Making good choices.	 Self giving/ self sacrifice. Module 3 Unit 2 Reaching Out, The World of Work
		THEME- KEEPING SAFE ◆ Topics covered:	THEME: LIVING IN THE WIDER WORLD Topics covered:

 Types of abuse Forced marriage Drugs, alcohol and tobacco 	Social RelationshipsStewardshipJobsAspirations
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