

Partnership for Inclusion of Neurodiversity in Schools – PINS Project

FREE Training - An Introduction to Sensory Processing for Parent Carers

A virtual training session on Teams delivered by Sensory Processing Service, Humber Teaching NHS Foundation Trust

Dear Parent Carers,

As part of the Partnerships for the Inclusion of Neurodiversity in Schools (PINS) project we are delighted to offer you the opportunity to join our **FREE** upcoming training session titled "**An Introduction to Sensory Processing**". This training session is designed specifically for parent carers and aims to provide valuable insights into sensory processing and how it impacts our daily lives.

[You will need to register to attend this session](#), details on how to book your place can be found below.

Details:

- **Date:** Wednesday, 26th March
- **Time:** 10:00 AM to 12:00 PM
- **Location:** Virtual session via Teams

Agenda:

- ✓ **Understanding Sensory Processing:**
 - What is sensory processing?
 - The importance of sensory processing in daily life.
- ✓ **Exploring Our 8 Sensory Systems:**
 - An overview of each sensory system.
 - How these systems work together.
- ✓ **Sensory Strategies and Accommodations:**
 - Practical strategies to support sensory needs.
 - Accommodations to enhance sensory experiences.
- ✓ **Q&A Session with the Occupational Therapist:**
 - An opportunity to ask questions and seek personalised advice.

This workshop will be led by an experienced Occupational Therapist, who will provide a comprehensive presentation and be available to answer any questions you may have.

How to register:

To attend, please email hnyicb-nel.fmhd@nhs.net and include:

- your name
- the name of your child/young person's educational setting
- whether you would like to subscribe to NEL's SEND Newsletter and/or NEL's Neurodiversity and Autism Update
- You will then be sent a link to join the Teams meeting to access the session

We believe this workshop will be incredibly beneficial for you as parent carers, providing you with the knowledge and tools to better support your child's sensory needs.