# St Mary's Catholic Primary Academy – PE and Sport Premium Report

#### Introduction

At St Mary's Catholic Primary Academy in Grimsby, we are committed to providing highquality physical education, school sport, and physical activity (PESSPA) to all pupils. Our approach strategically addresses local challenges, including barriers identified through IDACI and IMD insight data, by investing in inclusive and sustainable sport and activity programmes that benefit all children, particularly those who are least active or face disadvantage.

#### Key Indicator 1: The engagement of all pupils in regular physical activity

- Least Active and SEND Pupils: We have actively engaged pupils with special educational needs and disabilities (SEND), as well as those identified as least active, through participation in inclusive local inter-school competitions such as Panathlon, New Age Kurling, Boccia, and Ten-Pin Bowling.
- Girls' Participation: To address the gender gap in sport, we provided opportunities outside curriculum time specifically for girls, including a dedicated girls' football programme. Participation has increased through our partnership with the local school sport partnership, which provides inter-school competitions linked to community club exit routes.
- Extracurricular Access: We subsidise extracurricular activities to remove financial barriers and improve access for all children, particularly those from disadvantaged backgrounds in our local community.
- Active School Day: Initiatives such as active breakfast clubs, structured lunchtimes led by trained play leaders, and active classroom breaks have been implemented to embed physical activity into the school day.
- Intra-school competitions incorporated into our curriculum has enabled all pupils to participate in friendly competition and to demonstrate the skills learnt throughout the year. The annual Sports Day format also encourages all children to participate and this year every child in attendance that day, including all of our SEN children, took part throughout the entire afternoon's activities.

### Key Indicator 2: The profile of PE and sport is raised across the school as a tool for whole-school improvement

- Most Active Class Initiative: Using Fitbits, we track physical activity across classes. The most active class is recognised weekly, with termly winners enjoying unique experiences such as parkour workshops or glow-in-the-dark dodgeball.
- Cycle Confidence Pathway: We have invested in cycling as a life skill, starting with balance bikes in Reception and progressing to cycle confidence programmes in Year 5, supporting active travel and lifelong physical activity habits.

## Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

A comprehensive staff CPD programme has been implemented. All teaching staff underwent a needs assessment, followed by tailored support and team teaching with a PE specialist. This has significantly improved staff confidence and competence in delivering high-quality PE lessons. Additionally, as of Grimsby Town Foundation's Priority Schools we have been provided with staff CPD through team teaching alongside their coaches in the PE lessons which are delivered by GTF.

### **Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils**

We have strategically targeted inter-school sports events that would otherwise be inaccessible for many children in our local area due to cost or transport barriers. This has included a diverse range of sports designed to broaden pupils' experiences and spark interest in physical activity.

#### **Key Indicator 5: Increased participation in competitive sport**

Participation in inter-school sport has increased year-on-year. We continue to prioritise inclusive and accessible competition formats that encourage high levels of engagement across all abilities and backgrounds.

### **Swimming and Water Safety**

Swimming is delivered in Year 4 as standard, with top-up sessions offered in Years 5 and 6 for pupils who have not yet met the national curriculum requirements. This ensures as many children as possible are water-safe before leaving primary school.

### **Sustainability and Long-Term Impact**

To ensure the long-term sustainability of high-quality PE, we have invested in upskilling our staff and embedding PE specialist support into our curriculum delivery model. This collaborative approach builds internal capacity and ensures consistent quality across year groups.