

Year Group	<u>Advent</u>	<u>Lent</u>	<u>Pentecost</u>
5	<u>Module 1 Unit 2</u> S1 Gifts and talents, S2/S3 Girls and Boys Bodies, S3 Spots and Sleep THEME - ME, MY BODY, MY HEALTH Topics covered: • Self confidence • Physical changes • Puberty <u>Module 1 Unit 4</u> S3 (only) Menstruation	<u>Module 2 Unit 1</u> S1 God is calling you THEME - RELIGIOUS UNDERSTANDING • Hearing God's call in our lives <u>Module 2 Unit 2</u> S1 Under pressure, S2 Do you want a piece of cake, S3 Self Talk. THEME - PERSONAL RELATIONSHIPS Topics covered: • Pressures/Consent • Bullying • Prejudice • Discrimination • Gender stereotyping <u>Module 2 Unit 4</u> S1 Types of abuse, S2 Impacted Lifestyle, S3 Making good choices. THEME- KEEPING SAFE • Topics covered:	<u>Module 2 Unit 3</u> S1 Sharing isn't always caring, S2 Cyber bullying THEME - LIFE ONLINE Topics covered: • Sensible decisions about online content • What you should and shouldn't share • Cyber bullying <u>Module 3 Unit 1</u> S1 Holy Trinity, S2 Catholic Social Teaching THEME - RELIGIOUS UNDERSTANDING Topics covered: • Self giving/ self sacrifice. <u>Module 3 Unit 2</u> Reaching Out, The World of Work THEME: LIVING IN THE WIDER WORLD Topics covered:

		• Types of abuse • Forced marriage • Drugs, alcohol and tobacco	• Social Relationships • Stewardship • Jobs • Aspirations
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