

# AUTUMN/WINTER 2025 MENU

# WEEK 1

W/C: 29/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026, 13/04/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>HOT DISHES</b>	<b>OPTION 1</b> Macaroni Cheese  <b>OR</b> <b>OPTION 2</b> Vegetable Masala with Rice  <b>OR</b> <b>OPTION 3</b> Jacket Potato with Baked Beans   	Pork Sausages with Mashed Potatoes  <b>OR</b> Creamy Cheese & Tomato Pasta  <b>OR</b> Jacket Potato with Grated Cheese 	Roast Chicken with Roast Potatoes & Gravy  <b>OR</b> Cheese & Onion Pasty with Roast Potatoes  <b>OR</b> Jacket Potato with Tuna Mayo  	BBQ Chicken with Rice  <b>OR</b> Cheese & Tomato Pizza   <b>OR</b> Jacket Potato with Baked Beans   	Fish Fingers with Chips  <b>OR</b> Veggie Fingers with Chips  <b>OR</b> Jacket Potato with Grated Cheese 
<b>HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD</b>					
<b>DELI DISHES</b>	<b>OPTION 4</b> Ham Sandwich  <b>OR</b> <b>OPTION 5</b> Cheese Sandwich  	Ham Sandwich  <b>OR</b> Cheese Sandwich  	Ham Sandwich  <b>OR</b> Cheese Sandwich  	Ham Sandwich  <b>OR</b> Cheese Sandwich  	Cheese Sandwich  <b>OR</b> Cheese Sandwich  
<b>DELI DISHES ARE SERVED WITH MIXED SALAD</b>					
<b>DESSERT</b>	Raspberry Sponge  	Fresh Fruit & Yoghurt  	Jammy Jack 	Crispy Crackle Bar 	Chocolate Mousse 



**AVAILABLE DAILY**

Fresh fruit, salad, yoghurt and water

 Vegetarian

 Vegan

 Oily Fish

 Fruity!

 Wholegrain

 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

 **Chartwells**  
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# AUTUMN/WINTER 2025 MENU

# WEEK 2

W/C: 05/01/2026, 26/01/2026, 16/02/2026, 09/03/2026, 30/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>HOT DISHES</b>	<b>OPTION 1</b> Creamy Cheese & Tomato Pasta <small>VE</small> <b>OR</b>	Chicken Korma & Rice 	Roast Chicken with Roast Potatoes & Gravy <small>HEART</small> <b>OR</b>	Beef Bolognese with Pasta <small>HEART</small> <b>OR</b>	Battered Pollock with Chips <b>OR</b>
	<b>OPTION 2</b> Cheese & Tomato Pizza <small>VE, HEART</small> <b>OR</b>	Lentil Tomato Pasta Bake <small>VE, HEART</small> <b>OR</b>	Cheese & Onion Pasty with Roast Potatoes <small>VE</small> <b>OR</b>	Cheese & Tomato Pizza <small>VE, HEART</small> <b>OR</b>	Veggie Nuggets with Chips <small>VE</small> <b>OR</b>
	<b>OPTION 3</b> Jacket Potato with Baked Beans <small>VE, HEART, VE</small> <b>OR</b>	Jacket Potato with Grated Cheese <small>VE</small> <b>OR</b>	Jacket Potato with Tuna & Salmon Mayo <small>VE, HEART</small> <b>OR</b>	Jacket Potato with Grated Cheese <small>VE</small> <b>OR</b>	Jacket Potato with Baked Beans <small>VE, HEART, VE</small> <b>OR</b>
<b>HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD</b>					
<b>DELI DISHES</b>	<b>OPTION 4</b> Ham Sandwich <small>HEART</small> <b>OR</b>	Ham Sandwich <small>HEART</small> <b>OR</b>	Ham Sandwich <small>HEART</small> <b>OR</b>	Ham Sandwich <small>HEART</small> <b>OR</b>	Cheese Sandwich <small>VE</small> <b>OR</b>
	<b>OPTION 5</b> Cheese Sandwich <small>VE, HEART</small> <b>OR</b>	Cheese Sandwich <small>VE, HEART</small> <b>OR</b>	Cheese Sandwich <small>VE, HEART</small> <b>OR</b>	Cheese Sandwich <small>VE, HEART</small> <b>OR</b>	Cheese Sandwich <small>VE, HEART</small> <b>OR</b>
<b>DELI DISHES ARE SERVED WITH MIXED SALAD</b>					
<b>DESSERT</b>	Crispy Crackle Bar <small>VE</small>	Banana Marble Cake <small>VE, APP</small>	Vanilla Sponge <small>VE</small>	Fresh Fruit & Yoghurt <small>VE</small>	Strawberry Jelly <small>VE, VE</small>



## AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water

VE Vegetarian

VE Vegan

WF Oily Fish

APP Fruity!

WHOLE Wholegrain

HEART Nutritionist's Choice

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# AUTUMN/WINTER 2025 MENU

# WEEK 3

W/C: 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026, 06/04/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	<b>OPTION 1</b> Macaroni Cheese  <b>OR</b>	Chicken Pasta in a Creamy Tomato Sauce  <b>OR</b>	Roast Gammon with Mashed Potatoes and Gravy <b>OR</b>	Beefburger in a Bun with Crispy Diced Potatoes <b>OR</b>	Fish Fingers with Chips <b>OR</b>
	<b>OPTION 2</b> Vegetable Bolognese   <b>OR</b>	Cheese & Tomato Pizza   <b>OR</b>	Quorn Sausages with Mashed Potatoes & Gravy  <b>OR</b>	Veggie Balls on Tomato Sauce with Crispy Diced Potatoes  <b>OR</b>	Quorn Sausage Cowboy Pasta   <b>OR</b>
	<b>OPTION 3</b> Jacket Potato with Baked Beans    <b>OR</b>	Jacket Potato with Grated Cheese  <b>OR</b>	Jacket Potato with Tuna Mayo   <b>OR</b>	Jacket Potato with Grated Cheese  <b>OR</b>	Jacket Potato with Baked Beans    <b>OR</b>
<b>HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD</b>					
DELI DISHES	<b>OPTION 4</b> Ham Sandwich  <b>OR</b>	Ham Sandwich  <b>OR</b>	Ham Sandwich  <b>OR</b>	Ham Sandwich  <b>OR</b>	Cheese Sandwich  <b>OR</b>
	<b>OPTION 5</b> Cheese Sandwich  	Cheese Sandwich  	Cheese Sandwich  	Cheese Sandwich  	Cheese Sandwich  
<b>DELI DISHES ARE SERVED WITH MIXED SALAD</b>					
DESSERT	Vanilla Sponge 	Fresh Fruit & Yoghurt  	Banana Marble Cake  	Jammy Jack 	Strawberry Shortcake 



## AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water

 Vegetarian

 Vegan

 Oily Fish

 Fruity!

 Wholegrain

 Nutritionist's Choice

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