PE NEWSLETTER 2024-2025







Another amazing year at St Mary's Catholic Primary Academy for sports, we have enjoyed a jam-packed calendar full of exciting competitions and sporting events. We attended a record **28 inter-school activities** organised by the NELSSP and GTF with **94%** of children from Key Stage 1 and 2 participating in at least one event. We attended some new events this year including Year 6 Rounders, OAA and Year 2 Get Glowing, and had a Years 5 and 6 football team take part in friendlies and a local tournament. These competitions and events follow different event themes of:

Engage – non-competitive with a focus on targeting children that do not normally like to participate to become interested in a new physical activity.

Develop – enjoying friendly competition but not focusing on winning or losing but focus on the School Games Values.

Compete – for young people who are competitive in nature and enjoy competing against others.

THIS YEAR WE ACHIEVED THE GOLD SCHOOL GAMES MARK AWARD



















PHYSICAL LITERACY

Physical literacy is our relationship with movement and physical activity throughout life.

People who have a positive relationship with movement and physical activity are more likely to be physically active throughout life, which improves health, well-being, and quality of life.

We have provided children with extra-curricular opportunities such as after-school clubs including dance, football and multi-skills, an active breakfast club led by Miss Barnes, Kidz Fit workshops and Sustrans walk and wheel initiative to increase their participation and enjoyment in physical activity.

This year also saw the first reward afternoons for the most active class per term. Children enjoyed rock climbing, dance, boxing, glow dodgeball and parkour.

We have also continued to offer EYFS with balance bike sessions, year 5 bikeability and top up swimming lessons for Years 5 and 6.



A big thank you and well done to our Sports Leaders of 2024-2025: Daria, Kaya, Olivia, Lily, Joel, Ollie, Layton, Lillie-Rose, Daniella and Amelia. They have ensured as many children participated during break times in physical activity and have been responsible for looking after our sports equipment.

Applications for new sports leaders for 2025-2026 will be open in September for the next Year 5 cohort.

We ended the year with our Sports Day, a huge success incorporating all event themes. It is our intention to include and engage every child in our sports day offering a range of activities to develop multiple skills and still offering the highly competitive children a chance to compete and shine in the final sprint races. We also aim to develop the School Games Values in particular sportsmanship with an award for the most sporting house. This year's overall winning house was Bosco and most sporting house was Assisi. Well done to all children that took part and most importantly had fun!























Thank you for reading our PE Newsletter. Keep on moving!