How can we live a good life, especially during the season of Lent, to ensure eternal life with Jesus in Heaven?



- Can you **describe** how Catholics describe sin, **making links** to the Ten Commandments? Why do sins separate us from God?
- **Describe** what happens at an Ash Wednesday service. Can you **make links** between the readings and how Christians are called to reflect on their sins?
- **Describe** the Catholic beliefs of the Last Things (death, judgement heaven and hell).
- Can you **explain** why it is important to make an examination of your conscience?
- **Explain** how prayer and fasting during Lent help us grow closer to God.

Ash Wednesday	conscience
Lent	judgement
Sin/deadly sin	death
heaven	hell
death	fasting

Reflect on one of the sorrowful mysteries and what it means to you.